

State of California—Health and Human Services Agency

California Department of Public Health—WIC Program

WIC REFERRAL FOR POSTPARTUM/BREASTFEEDING WOMEN

Health Care Provider: Please provide the information requested below for your patient. This information will be used by our program staff to assess your patient's health status and to provide nutritional counseling. An incomplete referral may delay program benefits to your patient. A completed referral does not guarantee WIC Program benefits since program eligibility requirements must be met.

Patient's name (last, first)		Address (street, city, ZIP code)		Telephone number	Birthdate (MM/DD/YY)
WOMAN'S CURRENT (After Delivery)		PREGNANCY OUTCOME			
Height _____ ins.	_____	Full-term	Preterm (37 wks.)	Sm. Gest. Age	Fetal Loss
Weight _____ lbs.	Measurement date _____	1. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hemoglobin _____ gm/dl.	_____	2. <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
and/or Hematocrit _____ %	Blood test date _____	Please describe any medical conditions affecting the infant(s):			Stillbirth
					Delivery date _____
					Sex _____ Birth weight _____ Birth length _____
					Sex _____ Birth weight _____ Birth length _____
PLEASE INDICATE ANY MEDICAL CONDITIONS AFFECTING THIS WOMAN.		PLEASE LIST ANY CURRENT MEDICATIONS/SUPPLEMENTS PRESCRIBED:			
<input type="checkbox"/> C-Section <input type="checkbox"/> Other conditions occurring during this pregnancy for delivery (specify): <input type="checkbox"/> Diabetes <input type="checkbox"/> Hypertension <input type="checkbox"/> Other current or historical medical conditions (specify): <input type="checkbox"/> Tuberculosis _____ +PPD _____ INH		IMPRESSIONS/COMMENTS:			
LOCAL WIC AGENCY		Name of physician/health care provider/group/clinic		Telephone number:	
		IMPORTANT: Must be signed by health care provider		Date	

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State of California—Health and Human Services Agency

California Department of Public Health—WIC Program

WIC REFERRAL FOR PREGNANT WOMEN

Health Care Provider: Please provide the information requested below for your patient. This information will be used by our program staff to assess your patient's health status and to provide nutritional counseling. An incomplete referral may delay program benefits to your patient. A completed referral does not guarantee WIC Program benefits since program eligibility requirements must be met.

Patient's name (last, first)		Address (street, city, ZIP code)		Telephone number	Birthdate (MM/DD/YY)
WOMAN'S CURRENT (PRENATAL)					
Height _____ ins.	Measurement date _____	Hemoglobin _____ gm/dl.	Blood test date _____	Est. date confinement _____	
Weight _____ lbs.	_____	and/or Hematocrit _____ %	_____	Date last preg. ended _____	
				Gravida _____	Para _____
				Pregravid weight _____ lbs.	
PLEASE INDICATE ANY MEDICAL CONDITIONS AFFECTING THIS WOMAN:			PLEASE LIST ANY CURRENT MEDICATIONS / SUPPLEMENTS PRESCRIBED:		
<input type="checkbox"/> Diabetes <input type="checkbox"/> Multiple Pregnancy <input type="checkbox"/> Hypertension <input type="checkbox"/> Tuberculosis _____ +PPD _____ INH <input type="checkbox"/> Previous poor pregnancy outcome / history (specify): _____ <input type="checkbox"/> Other current or historical conditions (specify): _____			IMPRESSIONS/COMMENTS:		
LOCAL WIC AGENCY					
			Name of physician/health care provider/group/clinic		Telephone number
			IMPORTANT: Must be signed by health care provider		Date

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Pediatric Referral



WIC Agency: _____

WIC ID#: _____

SECTION I: Complete this section to assist the patient with WIC eligibility, WIC services, and appropriate referrals. Whenever a therapeutic formula is prescribed, complete both Sections I and II.

PATIENT NAME: (First) _____ (Last) _____		DATE OF BIRTH: _____					
CURRENT HEIGHT/LENGTH: (within 60 days) _____ inches	CURRENT WEIGHT: (within 60 days) _____ lbs _____ oz	CURRENT BMI: (within 60 days) BMI percentile: _____ %	MEASUREMENT DATE: _____				
<p>HEMOGLOBIN OR HEMATOCRIT TEST is required <u>every 12 months</u> when normal and <u>every 6 months</u> when abnormal.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%;">Hemoglobin (gm/dl) or Hematocrit (%)</td> <td style="width:50%;">Lab Result Date</td> </tr> <tr> <td> </td> <td> </td> </tr> </table>		Hemoglobin (gm/dl) or Hematocrit (%)	Lab Result Date			<p>LEAD TEST (recommended at 1–2 years of age): _____ mcg/dL</p> <p>IMMUNIZATIONS are up-to-date:</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not available	
Hemoglobin (gm/dl) or Hematocrit (%)	Lab Result Date						
<p>BREASTFEEDING ASSESSMENT (birth to 12 months):</p> <input type="checkbox"/> Fully breastfeeding <input type="checkbox"/> Never breastfed <input type="checkbox"/> Feeding breastmilk & formula <input type="checkbox"/> Discontinued breastfeeding (Date: _____)							

SECTION II: Complete ALL boxes below when therapeutic formula is prescribed. Incomplete information may delay issuance of WIC foods.

<p>DIAGNOSIS:</p> <input type="checkbox"/> Prematurity <input type="checkbox"/> GERD or reflux <input type="checkbox"/> Food allergy: _____ <input type="checkbox"/> Failure to thrive <input type="checkbox"/> Dysphagia <input type="checkbox"/> Other: _____	<p>WIC FOOD RESTRICTIONS: The patient will receive WIC foods in addition to the formula prescribed. Please check all foods listed below that are NOT appropriate for the diagnosis.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th>Category</th> <th>WIC Foods</th> <th>Do Not Give</th> <th>Restriction / Comment</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Infants (6–12 mo)</td> <td>Baby cereal</td> <td></td> <td></td> </tr> <tr> <td>Baby fruit / vegetable</td> <td></td> <td></td> </tr> <tr> <td rowspan="10">Children (1–5 yr)</td> <td>Cow's milk</td> <td></td> <td></td> </tr> <tr> <td>Cheese</td> <td></td> <td></td> </tr> <tr> <td>Eggs</td> <td></td> <td></td> </tr> <tr> <td>Peanut butter</td> <td></td> <td></td> </tr> <tr> <td>Whole grains *</td> <td></td> <td></td> </tr> <tr> <td>Cereal</td> <td></td> <td></td> </tr> <tr> <td>Beans</td> <td></td> <td></td> </tr> <tr> <td>Vegetables / fruits</td> <td></td> <td></td> </tr> <tr> <td>Juice</td> <td></td> <td></td> </tr> <tr> <td>Yogurt</td> <td></td> <td></td> </tr> </tbody> </table> <p><small>* whole wheat bread, corn/wheat tortilla, brown rice, barley, bulgur, or oatmeal</small></p>	Category	WIC Foods	Do Not Give	Restriction / Comment	Infants (6–12 mo)	Baby cereal			Baby fruit / vegetable			Children (1–5 yr)	Cow's milk			Cheese			Eggs			Peanut butter			Whole grains *			Cereal			Beans			Vegetables / fruits			Juice			Yogurt		
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<p>FORMULA / MEDICAL FOOD: _____</p> <p>DURATION: _____ months AMOUNT: _____ oz / day</p> <p>This prescription is: <input type="checkbox"/> New <input type="checkbox"/> Refill</p> <p>NOTE: At 1 year of age, the patient will receive 13 quarts of cow's milk in addition to therapeutic formula unless <i>Do Not Give</i> is checked for cow's milk (see WIC Food Restrictions).</p>																																											
<p>COMMENTS:</p>																																											

HEALTH COVERAGE: Refer patient to their health plan or Medi-Cal for a medically necessary formula or medical food. WIC only provides these products when they are NOT a covered benefit by the patient's health plan or by Medi-Cal.

<p>Provide patient's health insurance information:</p> <p>Private insurance: _____</p> <p>Medi-Cal managed care: _____</p> <p>Other: _____</p>	<p>Check action taken:</p> <input type="checkbox"/> Submitted justification to health plan <input type="checkbox"/> Submitted justification to pharmacist	<p>If the patient requires a therapeutic formula and does NOT have health insurance, check ALL boxes below that apply:</p> <input type="checkbox"/> Gave formula samples <input type="checkbox"/> Referred to Medi-Cal <input type="checkbox"/> Referred to WIC
<p>Regular Medi-Cal (fee-for-service): <input type="checkbox"/> Yes <input type="checkbox"/> No</p>		<p>QUESTIONS: Call 1-888-942-9675 or 1-800-852-5770. Health Professionals: Go to www.wicworks.ca.gov; click Health Care Professionals; then click WIC contacts for MDs.</p>

COMMENTS:

HEALTH PROFESSIONAL NAME	HEALTH PROFESSIONAL SIGNATURE	MEDICAL OFFICE / CLINIC NAME AND LOCATION OR OFFICE STAMP
PHONE NUMBER	TODAY'S DATE	

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